

**MEDICAL SCHOOL**

American University School of Medicine

HOSPITALS

Saint Mary's Hospital

Waterbury Hospital

Yale-New Haven Hospital

PROFESSIONAL AFFILIATIONS

International Spinal Injection Society

American Academy of Physical Medicine
& Rehabilitation

North American Spine Society

BHAVESH R. PATEL, M.D.

DR. BHAVESH R. PATEL is the founder and president of Interventional Spine & Sports Medicine, PC. He has been treating patients in the Greater Waterbury area for a decade, founding his solo, private practice in 2010 to reflect his belief in more personalized patient care. He is board-certified in physical medicine and rehabilitation as well as pain medicine. His treatment philosophy is to help his patients avoid surgery whenever possible, using a multidisciplinary approach to the prevention and treatment of spine and musculoskeletal injuries.

His goal is to help patients suffering from a broad range of conditions eliminate pain and restore function using the most conservative measures possible. He often combines treatment protocols including medications, physical therapy, exercise and X-ray-guided therapeutic spinal injections to decrease pain and inflammation so patients can progress to physical therapy regimens.

Dr. Patel is pleased to now be able to offer his patients ultrasound-guided peripheral joint injections. These state-of-the-

art treatments provide a painless, low-radiation option and excellent therapeutic results for pain in joints including knees, shoulders, ankles, hips and wrists. His areas of special expertise include X-ray-guided spinal injections and percutaneous disc decompression. He is also trained in electrodiagnostic medicine (NCS/EMG) to diagnose peripheral nerve injuries. His "Spine Suite" uses the latest fluoroscopy machines, which employ DSA technology to assure the safe and accurate delivery of steroid medications.

Dr. Patel did his residency in physical medicine and rehabilitation at the Temple University School of Medicine and a fellowship in interventional spine and sports medicine at New York City's world-renowned Spine Institute at Beth Israel Medical Center. "The most rewarding aspect of my work is enabling my patients to function pain-free in their daily lives," he says. He strives to be accessible, seeing emergency patients within 24 to 48 hours. Patients in extreme pain appreciate the care and attention they receive from his entire staff.

INTERVENTIONAL SPINE & SPORTS MEDICINE, PC

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